

**SPORT RATES & OPENING HOURS – SUMMER 1 MAY to 31 OCTOBER 2023 PRICELIST**

**GYM, FITNESS & SPORTS BOOKING**

GYM - Opening hours 07:00 - 20:00	free
SPORTS BOOKING (reception) - Opening hours: Monday – Sunday 09:00 – 20.00	
Group sessions, Fitness classes. See sports & activity program	free
Personal training PT (on request)	€ 80/h

**TENNIS**

Tennis - Social and tuition (1 h / day)	free
Rent of tennis court	€ 5 / h
Rent of Tennis court + rackets	€ 10 / h
Private Tennis coach	€ 35/ h

*Tennis, pre book in Sports booking (reception). Rackets and balls included in social tennis. Additional use of courts and material must be pre booked.*

**BIKE RENTAL Road bike, MTB**

Half day (join excursion or social ride) Road, MTB	free
Mountain bikes/Road Bikes on an hourly/daily basis to free ride on	

*Pedals (SPD and flats) and helmet included in rent. Bring your own shoes and water bottle.*

**SURFING - Surf courses**

Surf courses: min. age 5 years, max age open end. Swimming skills required. Surf centre provides info service all day about tides and times. All bookings of surf courses including material and transfers if needed.

1-day beginner course	€ 60
3 day beginner course*	€ 165
5 day beginner course*	€ 250
1-day refreshment course & free use of softboard + wetsuit	€ 25 / week
*Use of surfboard (softboard) and wetsuit. Rental of equipment after completing min. 3-day course.	Free

*Pre book in Surf Centre. More packages and equipment prices available in Surf centre.*

**KITE, WIND, SUP & WINGFOIL**

Pricelist, pre bookings and reservations done in Sportsbooking (reception). Operated by Matas Bay, Costa Calma.

**WOD BOX, MULTICOURT, YOGA SHALA, THEATRE (INCL. MATERIAL)**

Training on scheduled hours	free
Private use and material for 1-hous WOD BOX (subject to availability)	€ 30/h
Private use and material for 1-hour YOGA SHALA, THEATRE, MULTICOURT (subject to availability)	€ 25/h

*Pre book in sports booking*

**SPINNING**

Indoor cycling / Spinning (scheduled hours on sports program)	free
1- hour private use with music and up to 20 bikes (on request, subject to availability and covid regulations)	€ 20

*Pre book in Sportsbooking (reception) Prices, brands and opening hours are subject to changes.*